AO Course - Zagreb, Croatia

AO Trauma Course — Advances in Operative Fracture Management for ORP

8 – 10 November 2013

Overall Chairperson: Bore Bakota, MD, PhD Candidate (HR)

Course Chairpersons: Sandra Slabe, RN,BSN (HR)

Ivan Dobrić, MD, PhD (HR)

International faculty: Sari Cohen, Israel

DAY 1 - Friday, 8 November 2013

07:00 Registration

08:00 Introduction to the course - objectives, structure and faculty

Chairmen

Module 1: Applications of principles - Lecture hall 2

Moderators: Surgeon / ORP

08:25	Preoperative planning - the key to success	Surgeon
08:40	Direct and indirect reduction – techniques and indications	Surgeon
08:55	Minimally invasive approaches in trauma surgery	Surgeon
09:10	Biology and biomechanics of LCP	Surgeon
09:25	LCP - dangers and risks	Surgeon

09:40 Transfers to discussion groups; separation of Surgeons and ORP Courses

Module 2: - Lecture hall 2 Moderators: XXXXX / XXXX

09:45	Meet our patients	Surgeon
10:00	Indications and concepts for DCO and ETC	Surgeon
10:15	Emergency management of pelvic ring injuries	Surgeon
10:30	External fixation in trauma surgery	Surgeon
10:45	Instrument set up for pelvic surgery	ORP

11:05 Coffee break

11:25 **Discussion groups 1 -** Lecture hall 2

Planning and treatment options

Group	Location	Moderators ORP/Surgeon
1	Room 1	0
2	Room 2	()
3	Room 3	()

12:20 Transfers to the practicals

12:20	Practical exercise 1	ORP / Surgeon
	External fixation of Pelvis – Iliac Crest (1:00h)	-
	Video 00122, bone 4083	

13:30 Lunch break

Module 3: Lower extremity – femur - Lecture hall 2

Moderators: XXXX / XXXX

14:15	Femoral fractures – Treatment options of shaft and proximal femur fractures	Surgeon
14:35	Distal femoral fractures - Treatment options and outcomes	Surgeon
14:55	Patient positioning on fracture table for treatment of femoral fractures	ORP

15:10 Transfers to discussion groups

15:15 **Discussion groups 2**

Femoral fractures - role of ORP

Group	Location	Moderators ORP/Surgeon
1	Room 1	()
2	Room 2	()
3	Room 3	()

16:00 Coffee break

16:20 Practical exercise 2	ORP / Surgeon
Intramedullary nailing of a proximal femur – PFNA (1:10h)	_
Video 00125, bone 2220	

17:30 Transfers to the lecture room

Module 4: Lower extremity – distal femur - Lecture hall 2

Moderators: XXXX / XXXX

17:35	Peri-prosthetic fractures– indications and outcomes	Surgeon
17:55	Distal femoral fractures - Instruments and implants (LCP DF)	ORP

18:15 Transfers to practicals

18:20 Practical exercise 3	ORP / Surgeon
Plating of an intraarticular fracture in the distal Femur LCP DF (1:10h)	_
Video 20238, bone 2166	

19:30 End of the day

20:15 Course Dinner Faculty and Participants

DAY 2 - Saturday, 9 November 2013

08:00 **Discussion groups 3**

Problems with fractures around the hip - role of ORP

Group	Location	Moderators ORP/Surgeon
1	Room 1	()
2	Room 2	()
3	Room 3	()

09:10 Transfers to the lecture room

Module 4: Lower extremity - tibia - Lecture hall 1

Moderators: XXXX / XXXX

09:15 What have we learned yesterday?

09:40	Tibial plateau fractures – Treatment options and outcomes	Surgeon
10:00	Tibial shaft fractures – Treatment options and outcomes	Surgeon
10:20	Distal tibia fractures – Treatment options and outcomes	Surgeon
10:40	Patient positioning and draping for tibial fractures	ORP

11:00 Coffee break

11:20 **Discussion groups 4** – Lecture hall 2 **Implant materials**

Group	Location	Moderators ORP/Surgeon
1	Lecture hall 2	()
2	Lecture hall 2	()
3	Lecture hall 2	()

12:05 Transfers to the practicals

12:1	0 Practical exercise 4	ORP / Surgeon
	Pilon Tibial Fracture 43-C3.2 (1:10h)	
	Video 20215, bone 1142	

13:20 Lunch break

Module 5: Upper extremity fractures- Lecture hall 1

Moderators: XXXX / XXXX

14:05 Proximal humerus fractures- Treatment options and outcomes	Surgeon
14:25 Forearm fractures – Treatment options and outcomes	Surgeon
14:45 Instruments and implants for proximal humerus fractures	ORP
15:05 Positioning and draping of proximal humerus fractures	ORP
15:25 Questions and discussion – interactive session	ORP/Surgeon

15:45 Transfers to the discussion group

15:40 **Discussion groups 5**

Upper extremity fractures

Group	Location	Moderators ORP/Surgeon
1	Room 1	()
2	Room 2	()
3	Room 3	()

17:00 Practical exercise 5

ORP / Surgeon

Fixation of a four fragment fracture in proximal humerus PHILOS (1:10h) Video 20211, bone 5012

18:10 End of the day

DAY 3 - Sunday, 10 November 2013

Module 7: Special problems - Lecture hall 2

Moderators: XXXX / XXXX

08:00 What have we learned yesterday?08:20 Compartment syndrome

ORP/Surgeon

Surgeon

09:00 Transfers to the discussion groups

09:05 Discussion groups 6

Infection control

Group	Location	Moderators ORP/Surgeon
1	Room 1	()
2	Room 2	()
3	Room 3	()

09:50 Transfers to the practicals

09:55	Practical exercise 6	All Faculty
	Are you fit for the table set up? (0:45h)	-

10:40 Coffee break

11:00 Quiz – What have we learned so far? - Lecture hall 2

All Faculty

Module 7: Final remarks – Surgeons and ORP Courses reunited - Lecture hall 2

Moderators: Bakota / Slabe

- 11:30 AOTrauma Chapter Croatia a history overview
- 11:50 AO Surgery Reference and AO CID
- 12:05 Malunions
- 12:20 Infection following Osteosynthesis
- 12:35 Nonunions
- 12:50 Violation of the Principles

13:05 Closure of the course

Chairmen

13:00 End of the course