



Fig 2.5.7-8a-b Kocher approach.

a Skin incision.

b Dissection of fascia between extensor carpi radialis muscle and anconeus muscle.

4 Reduction and fixation

Excess hypertrophic callus is removed slightly to allow placement of a narrow metaphyseal LCP 3.5. The plate is slightly precontoured to allow compression. The plate is fixed with three nonlocking screws proximally and then, using the articulated tension device, the nonunion is brought under compression. Distally three nonlocking screws are placed. Next, via the same posterior skin incision, the Kocher

interval is opened and the vertical limb of the broken T-plate is removed. The patient had asked specifically not to remove the horizontal part of the T-plate. During surgery the radial head seemed to move as one unit with the radial shaft suggesting there was at least a stiff nonunion. Prior to surgery the option of radial head resection or replacement was discussed but the patient declined.